Rafael Nadal Foundation supports young people impacted by Covid-19

Spanish tennis Legend Rafael Nadal has been in the news for his generous contributions during this pandemic. He recently announced that the Nadal Foundation is launching the Young People Scholarship program for those who are affected by the coronavirus pandemic.

From the Rafael Nadal Foundation’s centers in Rome and Valencia in Spain, the team distributed electronic tablets, school material and physical resources in order to give participating pupils an opportunity to continue learning during lockdown. In Rome, the Foundation also delivered economic aids to support food and basic hygiene products for families struggling as a result of the pandemic.

Additionally, in June, once the lockdown restrictions had been lifted and before the start of summer school, the Foundation continued its efforts for the young people and their families, with the aim of remediation to avoid academic misery, and helping them overcome possible fears. From family sports activities in the park and specific outdoor activities for the younger pupils by physical instructors, focused on accepting the new reality and how to face changes, the young people were supported in all possible ways.

At the beginning of October, in lire with the restrictions in the Rome, the Rafael Nadal Foundation started their two-year cycle, opening their doors again and welcoming children in vulnerable situations.

As a result of the global pandemic, young people and their families are now supported in different ways, with activities tailored to their specific needs. At the organization’s centers in Valencia and Rome, an additional psychosocial service has been added to the sport and education sessions that were already in place.

With this new service, the Rafael Nadal Foundation will have the ability to meet the needs that are directly related to the emotional and psychosocial aspects of the children and families who are assisted in the center.

“Sporting out flood, children and young people who live in vulnerable situations were the first to deserve what we could provide,” said Rafael Nadal. “That’s why we come here and invest in their future. To help them, to try hard, and enjoy while doing it. This is how we understand the benefit of sports and health for the young people.”

Marc Fontcuberta, director of the Rafael Nadal Foundation, explained that “through sports, we offer positive values, skills and behaviors to face the challenges of life and be those related to the Covid-19 context. We believe the power of sports practice as a tool of empowerment and as a vector to better.”